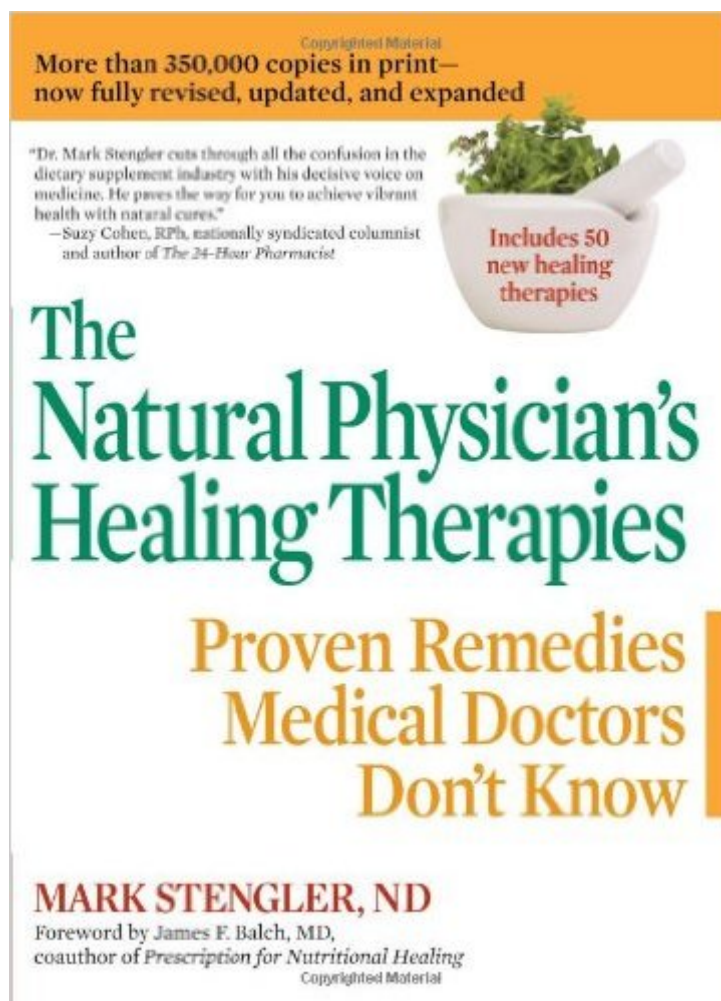


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# The Natural Physician's Healing Therapies: Proven Remedies Medical Doctors Don't Know



## Synopsis

An updated and revised edition-from "a leader in the new wave of true healers". From fast-acting natural cures for arthritis, viruses, and hardened arteries, to fatigue, burns and injuries and more, this revised edition of one of the most trusted books on natural remedies includes more than 50 new entries as well as updates throughout.

## Book Information

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Average Customer Review: 4.3 out of 5 stars [See all reviews](#) (73 customer reviews)

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## Customer Reviews

Natural Physician's Healing Therapies by Mark Stengler ND is a considerable work which covers healing modalities including vitamins, herbs, acupuncture and others. For instance, aloe vera juice is known to lower blood sugar levels. Alpha lipoic acid is helpful for cardiac autonomic neuropathy, dementia, type 2 diabetes, peripheral neuropathy and skin aging. Glutamine is helpful for wound healing, inflammatory bowel disease and leaky gut syndrome. Arthritis may be helped by using lipoic acid, Vitamins C and E, Selenium and Grapeseed Oil Extract. Arginine may be helpful for angina, congestive heart failure, diabetic foot ulcers, high blood pressure, interstitial cystitis, bladder and pelvic floor problems. Artichokes are a good tonic for arterial health and wellness. Noxvomica is used for colitis and bladder infections. Stevia is a classic replacement for white sugar. The preparation is sold in most health food stores. Diabetics and persons trying to lose weight may benefit by using stevia as a sugar substitute. Some bakeries utilize stevia and other herbs to make sugar-free cookies and cakes. Tea Tree Oil is a classic tonic for mouth and gum infections, as well as skin infections. Eye and ear infections may be helped by colloidal silver. Gallstone issues may be treated with milk thistle, turmeric, peppermint and Vitamin C. Aortic elasticity may be enhanced by the

use of garlic. Arrhythmias may be helped with the use of Coenzyme Q 10. Vitamins and herbs should be taken with the concurrence of your medical provider, nutritionist or diet professional.

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